

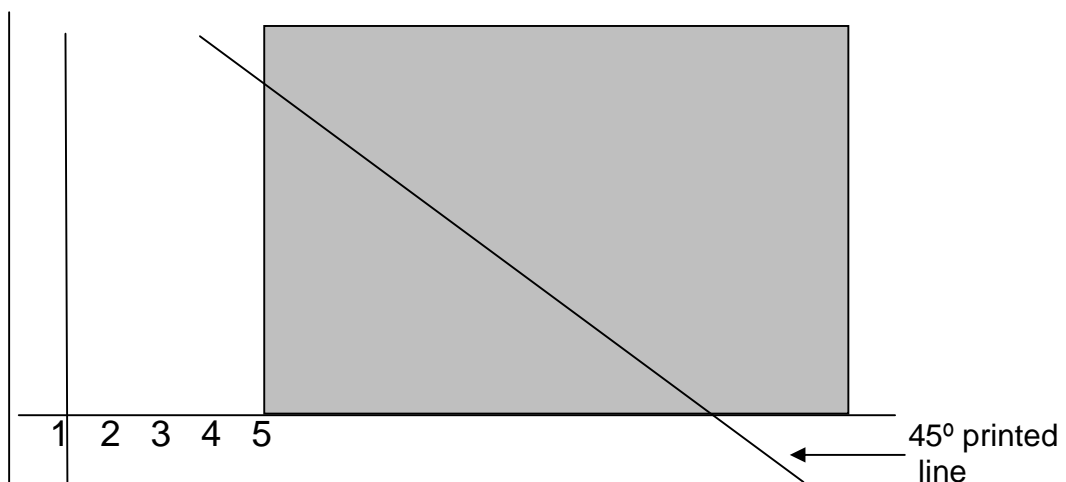
Cottage Quilt Designs Tutorials

How to Make Bias Vines

Materials needed:

- Bias Bars
- Sewing Machine
- Scissors
- Rotary Cutter
- Mat with a Printed 45° Line On It
- Rotary Cutting Ruler
- Fabric
- Iron and Pad

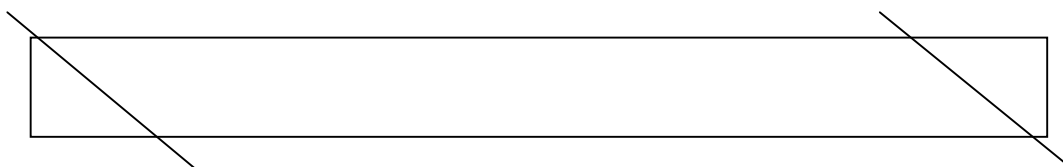
1. Open fabric so it lies flat on the cutting mat. Press to remove the fold if it is wrinkled before you begin cutting strips.
2. Lay the bottom left corner of the fabric on the mat so that the left and bottom edges of the fabric line up with the 5" vertical and horizontal cutting line printed on the mat.



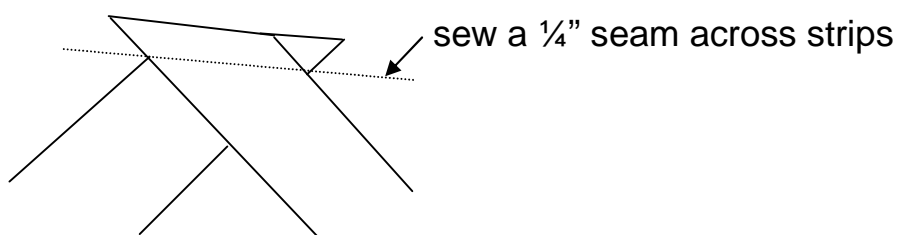
3. On the mat you will see the 45° printed line running across the width of the mat under the fabric.
4. Line up your ruler along the line on top of the fabric and make your first cut across the corner of the fabric. Discard corner for other uses.
5. Now cut 1 ¼" strips from your bias edge. Cut as many as you will need for your project. Strips may be joined with mitered seams if the length needed for your project is longer than the strips you are cutting.

Making Mitered Seams When Joining Strips

1. Trim the ends of the bias strips at a 45° angle all pointing the same direction.



2. Pair two strips right sides together having the pointed ends extend ¼" beyond the edges.

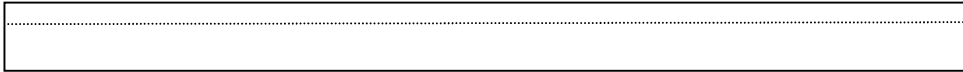


3. Sew a ¼" seam across the strips. Continue adding strips to make the length you need.
4. Press open the seams.

Using the Bias Bars

1. Pull out the ¼" bias bar out of the package if that is the finished size you want for your bias strips. That is the size I usually use in my applique projects.

2. Fold your bias strips in half lengthwise with wrong sides together.
3. Sew a $\frac{1}{4}$ " seam along the length of the folded strip.



4. Trim the $\frac{1}{4}$ " seam in half to leave $\frac{1}{8}$ " along the seam. Trimming the seam makes hiding it easier behind the strip.
5. Insert the bar into the tube and fold the seam allowance to the back.
6. Press the tube with the iron on the front and back to get a firm crease on both sides of the strip. Make sure that the stitching line can't be seen from the front of the strip.
7. Continue to push the bar up through the strip and fold back the seam allowance as you press the entire strip.
8. Remove the bias bar and press the strip again if the fold is not firm enough. Trim the seam allowance if it is still showing beyond the folded edge of the finished bias strip.
9. Cut the prepared bias strip into the length you need for your project.

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